#### At Modbury South Primary School and Modbury South Pre School we believe that:

- bullying is the systematic abuse of power
- bullying is not simply about difference. It may occur because of people's inability to accept and value difference
- bullying includes racist and sexual harassment or any other form of discriminatory behaviour
- bullying can involve violence, intimidation, threatening gestures or verbal abuse
- bullying is everyone's business

# **Useful resources:**

- www.bullyingnoway.com.au
- www.kidshelp.com.au
- www.cybersmart.gov.au
- Kids Helpline 1800551800

# Anti-bullying policy



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At Modbury South Primary School and Modbury South Pre School everyone has the right to feel safe. Everyone has the right to be treated with respect by others. Therefore we take bullying seriously.

# A definition of bullying

Bullying is when people choose behaviours that are deliberate and directed against individuals or groups of people. Bullying is targeted and ongoing.

Cyberbullying refers to bullying through information and communication technologies.

# Bullying can make people feel

- scared
- anxious
- embarrassed/ashamed
- worried
- angry

# What can you do about bullying?

If you are bullied or you know someone who is being bullied, please report it to a trusted adult. Be a positive bystander by reporting any bullying to a staff member or trusted adult.

# Who to report it to

Tell a trusted adult; your teacher, a leadership member or a professional counsellor in an outside agency. Tell your parents or carers too.

# How to report

Tell the trusted adult who the bully is, where the bullying happened, how often it has happened, when it has happened and what you have done to try and stop it happening.

# REMEMBER

If bullying occurs to you or others.....

# **REPORT IT!!!!**

#### KEEP ON REPORTING IT UNTIL YOU FEEL SAFE!

# What do we do about incidents of bullying?

- We will listen and talk to the person who has been bullied and the person who has bullied others.
- We will actively work to even the balance, restore the harm and prevent the repetition of bullying and harassment by using Restorative Practices.
- We will put negotiated consequences in place if this is required. Consequences will allow for flexibility depending on the nature, severity and extent of the bullying. Consequences may include an apology, office time out, student development plan, suspension or exclusion.
- We follow our agreed Grievance Procedures

It is important to note that these steps may change. At Modbury South Primary School and Modbury South Pre School we do not use a 'one size fits all' approach as each incident and the students involved are different.



#### What we do at Modbury South Primary School and Modbury South Pre School to reduce bullying?

If an incident of bullying happens at Modbury South Primary School or Modbury South Pre School we use **prevention**, **intervention**, and **post-intervention** strategies.

#### Prevention strategies include:

- using the curriculum to teach students about respectful relationships, responsibility and civics and citizenship, communication
- developing programs to help students
  participate and have a say in their learning
- teaching students about violence prevention, conflict resolution, anger management and problem solving and developing policies which promote student safety.
- teaching for and about diversity and tolerance.
- providing professional learning for staff in collaboration with local agencies

#### Intervention strategies include:

- counselling students who have been bullied
- talking with parents or caregivers about the situation
- putting consequences in place for those who bully others
- teaching students to be responsible bystanders
- ensuring that all staff know how to address bullying effectively and respectfully

#### Post-intervention strategies include:

- monitoring the situation closely between the students to ensure that their safety and wellbeing are maintained
- talking with parents or caregivers about strategies
- reviewing our yard duty procedures to make sure they are effective and pro active
- dealing with hotspots in the yard